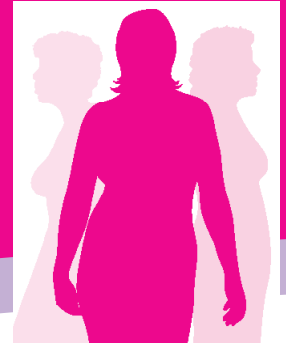




Government of Western Australia
North Metropolitan Health Service



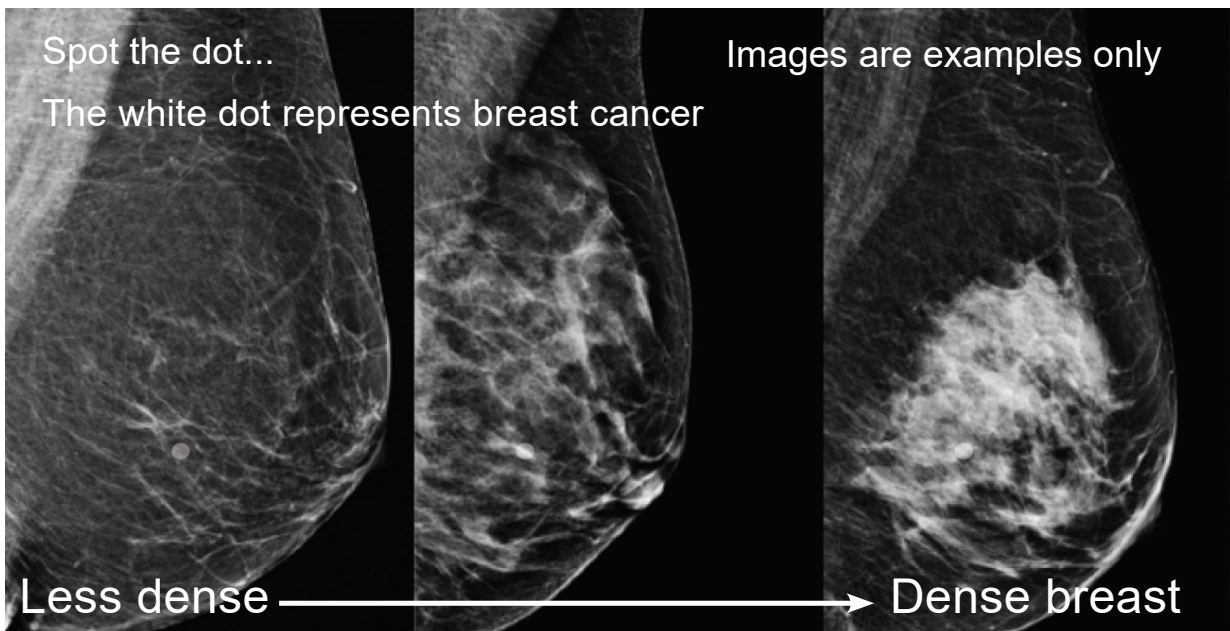
BreastScreen WA Information for Women

Dense Breasts

Your breast X-rays show that your breast tissue is dense. This is normal. Breasts are usually denser in younger women. They naturally become less dense as the breasts change with increasing age and the glandular tissue decreases.

When breasts are dense on an X-ray it is more difficult to see abnormal changes, including the early signs of breast cancer. Therefore, it is important for you to have a careful breast examination by your doctor as well as the breast X-rays.

If you have nominated a General Practitioner for result notifications, she/he will receive a similar letter and will be expecting to see you. Please contact your GP to make an appointment to have a breast check.



The greater the density, the more white areas on the breast X-ray, and the less obvious the dot.

Be breast aware

Get to know your breasts and what is normal for you. Look in the mirror at your breasts and feel your breasts from time to time.

If you notice any unusual changes in your breasts such as lumps, nipple discharge, or persistent new breast pain, even if your last screening mammogram was normal, please see your GP promptly.

www.breastscreen.health.wa.gov.au

Telephone (08) 9323 6700 Email: breastscreenwa@health.wa.gov.au Bookings 13 20 50
National Relay Service www.relayservice.gov.au

